

Food Worker Health

Benton-Franklin Health District Food Service Fact Sheets

When you feel sick, you should not work with food. The germs making you sick may be spread to the food and other people.

Food workers must tell the person in charge when they are sick. **Sick food workers should go home.**

If sick food workers cannot go home, they may be given duties that do not involve handling food or clean food-contact surfaces.



Benton-Franklin Health District, Environmental Health Division

Food workers may not work with food if they have:

- diarrhea, vomiting, or jaundice
- **diagnosed** infections that can be spread through food
- **infected**, uncovered wounds
- **continual** sneezing, coughing, or runny nose